

## **JUNEAU SOCCER CLUB PROGRAMS**

### **U5, U6/U7**

**U5** Born on or after August 1, 2005 - Up to and including - July 31, 2006

**U6/7** Born on or after August 1, 2003 - Up to and including - July 31, 2005

The U5, U6/7 program is for ages 4-6 and is designed to be an introduction to the beautiful game, as well as a skill-building program for children who have already played. The emphasis in the Academy is FUN! Players will be learning techniques (dribbling, ball control, shooting, etc.) in a fun yet challenging environment. We look to have no more than one player to a ball, thus emphasizing quantity of touches and ensuring little to no 'standing around' time. With this model, players are constantly moving, constantly involved, and constantly being given instruction from professional coaches with experience working with young children!

Coached by JSC Director of Coaching Matt Dusenberry.

Matt holds a National A level USSF coaching license (highest possible)